

### **About The YMCA of the Pikes Peak Region**

The YMCA of the Pikes Peak region is the proud recipient of the 2015 El Pomar Foundation's Awards for Excellence and serves more than 115,000 people in the community with over 1,000 dedicated and mission-focused staff members and volunteers at eight Y Family Centers, 15 before-and-after school sites, four outdoor aquatic centers, two metro district recreation centers and a year-round resident camp and conference center at Camp Shady Brook in Deckers, Colorado.

For 137 years, the YMCA of the Pikes Peak Region has been committed to empowering people with the resources and support they need to live healthy and community-driven lives. By offering members innovative and community-based programs, the Y nurtures the potential of children, empowers people to lead fuller lives through healthy living and develops connections to unite people to participate in and work for positive social change. We believe that when we work together, we move individuals, families and communities forward.

Across the U.S., 2,700 Y's engage 21 million men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation's health and well-being and provide opportunities to give back and support the community.

Anchored in more than 10,000 communities, the Y has long-standing relationships and a physical presence not just to promise, but to deliver, lasting personal and social change. For more information on programs and services that the Y offers, visit [ppymca.org](http://ppymca.org).

### **About Penrose-St. Francis Health Services**

Penrose-St. Francis Health Services is a full-service, 522-bed acute care facility offering a full complement of emergency, medical and surgical services. Penrose-St. Francis was named one of "America's 50 Best Hospitals" eight years in a row, 2008-2015, by Healthgrades, the only recipient in Colorado. Penrose-St. Francis is part of Centura Health.

Centura Health connects individuals, families and neighborhoods across Colorado and western Kansas with more than 6,000 physicians and 19,400 of the best hearts and minds in health care. Through our 16 hospitals, two senior living communities, health neighborhoods, physician practices and clinics, home care and hospice services, and Flight For Life® Colorado, we are making the region's best health care accessible and affordable in every community we serve.

We believe you can inspire the people you care about to live healthier lives by encouraging them to do the little things that can make a big difference. For more information about Penrose-St. Francis Health Services, visit [www.penrosetfrancis.org](http://www.penrosetfrancis.org).